

COMITETUI OLIMPIC ȘI SPORTIV ROMÂN





# **ROMANIAN MARTIAL ARTS FEDERATION**















# INVITATION

# Ares Dojo DM, Carpathian Eagles and Impression

are delighted to invite you to the

Ashihara Karate Romanian Open — Kata and Kumite Contest, competition endorsed by the Romanian Martial Arts Federation.

Ashihara Karate Romanian Open, at it's second edition, is a competition intended to all age categories and will be held on 13<sup>th</sup>-14<sup>th</sup> of April 2019 at the Polyvalent Hall of the "Sydney 2000" Olympic Center in Izvorani - Bucharest

The event is open to everybody practicing martial arts, to challenge and personally develop every participant.

### Signing up for the competition:

- Please claim your username and password in order to have acces to competition platform by sending a request to <a href="mailto:akro.open@gmail.com">akro.open@gmail.com</a>
- Below you'll find our offers for participation packages, please state your choice when signing up athletes, coaches, referees and supporters.
- Lodging and catering will be at the Izvorani Olimpic Complex Sydney 2000.
   For details please visit: www.cosr.ro \*
- Registering is available online on our website <u>www.carpathianeagles.ro</u> at the "AKRO OPEN" menu.
   Registering is available until the 1<sup>st</sup> of April 2019 and you will receive the verification lists until the 5<sup>th</sup> of April 2019.

\* the page is in Romanian language only please use Google Translate to navigate Additional informations will be added in English language as soon as available on www.carpathianeagles.ro

Entry Fee	80 euro	Entrance	Entrance to the Kata and Kumite Competition without accomodation and meals								
AKRO PACK	175 euro	Entry Fee		3xBreakfast, 3x Lunches, 3x Dinners	Sayonara Dinner	Transfer from and to the airport	AKRO BRANDED T-SHIRT				
BRANCH PACK	175 euro		Accomodation for 3 nights								
REFEREES/JUDGES	90 euro		Hights								
Sayonara Dinner	25 euro		apliable only to those who are NOT purchasing a PACK, and willing to participate to the celebration.								

# Conditions for participating athletes:

- Medical certificate valid on the day of the competition (issued by a Sports Medicine Centre)
- · Health insurance for accidents
- · Written approval from parents or legal guardians, which states their approval regarding the participation at this competition (Only for underage children)

# **Competition rules:**

- · All contestants will participate wearing white karate-gi.
- It is mandatory, when on the competition surface, for every athlete to wear the adequate protective gear for every category stated below. No show of the athlete on the competition surface after 1 minute as the announcer announced his/her name, leads to disqualification.

# **Kumite competition categories**

#### MEN

Category	Born Date	Weight Catogories						Fighting Time	Protective Gear	
Child I	2012 - 2013	Categories will be based on enrollments						1,5 + 1 min	Breast protector + Helmet + Shin protector + Inguinal protector	
Child II	2010 - 2011	Categories will be based on enrollments						1,5 + 1 min	Breast protector + Helmet + Shin protector + Inguinal protector	
Cadeti I	2008 - 2009	Categories will be based on enrollments						2 + 1 min	Gloves + Helmet + Shin protector + Inguinal protector	
Cadeti II	2006 - 2007	- 40 kg	- 45 kg	- 50 kg	- 55 kg	- 60 kg 60 kg Open		2 + 1 min	Gloves + Helmet + Shin protector + Inguinal protector	
Junior I	2004 - 2005	- 55 kg	- 60 kg	- 65 kg	65 kg Open			2 + 1 min	Gloves + Helmet + Shin protector + Inguinal protector	
Juniori II	2002 - 2003	- 55 kg	- 60 kg	- 70 kg	- 75 kg	- 85 kg 85 kg Open		2 + 1 min	Helmet + Shin protector + Inguinal protector	
Youth	1999 - 2001	- 60 kg	- 70 kg	- 80 kg	- 90 kg	90 kg Open		3 + 1 min	Shin protector + Inguinal protector + Dental protection	
Seniors	1998	- 60 kg	- 70 kg	- 80 kg	- 90 kg	90 kg Open		3 + 1 min + 1 min ( semifinals and finals )	Shin protector + Inguinal protector + Dental protection	
Veteran	1984	-80 kg	80 kg Open	en		2 + 1 min + 1 min ( semifinals and finals )	Shin protector + Inguinal protector + Dental protection			

#### WOMEN

Category	Born Date	Weight Catogories			Fighting Time	Protective Gear	
Child I	2012 - 2013	Categories	will be based or	n enrollments	1,5 + 1 min	Breast protector + Helmet + Shin protector	
Child II	2010 - 2011	Categories will be based on enrollments			1,5 + 1 min	Breast protector + Helmet + Shin protector	
Cadeti I	2008 - 2009	Categories will be based on enrollments			2 + 1 min	Gloves + Helmet + Shin protector + Breast protection for girls	
Cadeti II	2006 - 2007	- 40 kg - 45 kg 45 kg Open		45 kg Open	2 + 1 min	Gloves + Helmet + Shin protector + Breast protection for girls	
Junior I	2004 - 2005	- 50 kg - 55 kg Open		55 kg Open	2 + 1 min	Gloves + Helmet + Shin protector + Breast protection for girls	
Juniori II	2002 - 2003	- 55 kg -60 kg 60 kg Open		60 kg Open	2 + 1 min	Helmet + Shin protector + Breast protection for girls	
Youth	1999 - 2001	- 55 kg -65 kg 65 kg Open		65 kg Open	2 + 1 min	Shin protector + Breast protection for girls + Dental protection	
Seniors	1998	- 55 kg -65 kg 65 kg Open		65 kg Open	2 + 1 min + 1 min ( semifinals and finals )	Shin protector + Breast protection for girls + Dental protection	
Veteran	1984	-65 kg 65 kg Open			2 + 1 min + 1 min ( semifinals and finals )	Shin protector + Breast protection for girls + Dental protection	



**200 EURO PRIZE** 

for the winner of each seniors kumite category



# Kata competition categories:

#### **Individual Tournament**

Category	Date of Birth	10 kyu - 7 kyu (	Grades	6 kyu - 3 kyu G	rades	2 kyu - 4 dan Grades	
Competition Phase		Compulsory Kata - Preliminary Phase	Optional Kata - Final Phase	Compulsory Kata - Preliminary Phase	Optional Kata - Final Phase	Compulsory Kata - Preliminary Phase	Optional Kata - Final Phase
Child I	2012 - 2013	KUMITE ICHI	SHOSHIN ICHI & SHOSHIN NI	KUMITE SAN	KUMITE NI & SHOSHIN SAN	KUMITE GO	KUMITE YON & NAGE SAN
Child II	2010 - 2011	KUMITE ICHI	SHOSHIN ICHI & SHOSHIN NI	KUMITE SAN	KUMITE NI & SHOSHIN SAN	KUMITE GO	KUMITE YON & NAGE SAN
Cadeti I	2008 - 2009	KUMITE ICHI	SHOSHIN ICHI & SHOSHIN NI	KUMITE SAN	KUMITE NI & SHOSHIN SAN	KUMITE GO	KUMITE YON & NAGE SAN
Cadeti II	2006 - 2007	KUMITE ICHI	SHOSHIN ICHI & SHOSHIN NI	KUMITE SAN	KUMITE NI & SHOSHIN SAN	KUMITE GO	KUMITE YON & NAGE SAN
Junior I	2004 - 2005	KUMITE ICHI	SHOSHIN ICHI & SHOSHIN NI	KUMITE SAN	KUMITE NI & SHOSHIN SAN	KUMITE GO	KUMITE YON & NAGE SAN
Juniori II	2002 - 2003	KUMITE ICHI	SHOSHIN ICHI & SHOSHIN NI	KUMITE SAN	KUMITE NI & SHOSHIN SAN	KUMITE GO	KUMITE YON & NAGE SAN
Seniors	UNDER 2001	KUMITE ICHI	SHOSHIN ICHI & SHOSHIN NI	KUMITE SAN	KUMITE NI & SHOSHIN SAN	KUMITE GO	KUMITE YON & NAGE SAN

#### **Team Tournament**

Cat	egory	Date of Birth	10 kyu - 7 kyu (	Grades	6 kyu - 3 kyu G	rades	2 kyu - 4 dan Grades		
Competition Phase		ion Phase	Compulsory Kata - Preliminary Phase	Optional Kata - Final Phase	Compulsory Kata - Preliminary Phase	Optional Kata - Final Phase	Compulsory Kata - Preliminary Phase	Optional Kata - Final Phase	
С	hild	2010 - 2013	KUMITE ICHI	SHOSHIN ICHI & SHOSHIN NI	KUMITE SAN	KUMITE NI & SHOSHIN SAN	KUMITE GO	KUMITE YON & NAGE SAN	
Ca	dets	2006 - 2009	KUMITE ICHI	SHOSHIN ICHI & SHOSHIN NI	KUMITE SAN	KUMITE NI & SHOSHIN SAN	KUMITE GO	KUMITE YON & NAGE SAN	
Ju	niori	2002 - 2005	KUMITE ICHI	SHOSHIN ICHI & SHOSHIN NI	KUMITE SAN	KUMITE NI & SHOSHIN SAN	KUMITE GO	KUMITE YON & NAGE SAN	
Se	niors	UNDER 2001	KUMITE ICHI	SHOSHIN ICHI & SHOSHIN NI	KUMITE SAN	KUMITE NI & SHOSHIN SAN	KUMITE GO	KUMITE YON & NAGE SAN	

For AKRO Kata Tournament the 3 rounds system will be used: preliminaries, semifinals and finals.

In each round competitors must perform a different kata, kata that can be chosen by the competitor from the above list, according to his rank. Competitors will receive scores for their performance.

Exemple for a categorie of 18 people:

- -all competitors perform first kata, each receiveing a score
- -first 10 will advance to semifinals where they will perform the second kata. They receive a new score acording to they performance
- -first 5 will advance to finals
- the winner will be the holder of highest score in the final tour.

The judges will use electronic scoring devices and all the results will be available on-line.

The scores will not be cumulated nor averaged between rounds.













#### Contact:

E-mail: <u>akro.open@gmail.com</u>

Site: <a href="https://www.carpathianeagles.ro">www.carpathianeagles.ro</a> — submenu competition signup
Tel: Sensei Petrică Bulmagă — 0722 214 598 — Organizatorical issues
Sensei Dan Mătușea — 0722 556 579 —Lodging and program
Senpai Kristo Istvan — 0740 490 357 — Competition signup

# ALL INFORMATIONS REGARDING THE COMPETITION AND PARTICIPANTS WILL BE PUBLISHED AND E-MAILLED AS SOON THEY WILL BE AVAILABLE

